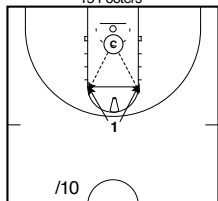
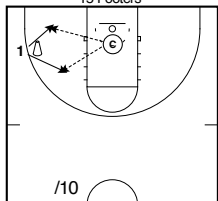


300 Shot Workout

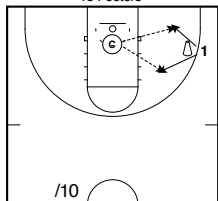
300 Shot Workout (Guards)
18. Shooting Drills
15 Footers



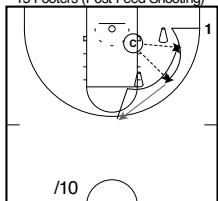
300 Shot Workout (Guards)
18. Shooting Drills
15 Footers



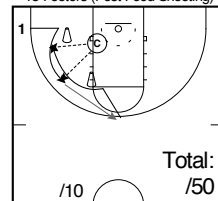
300 Shot Workout (Guards)
18. Shooting Drills
15 Footers



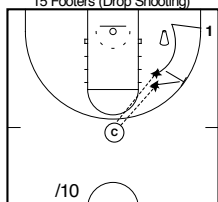
300 Shot Workout (Guards)
18. Shooting Drills
15 Footers (Post Feed Shooting)



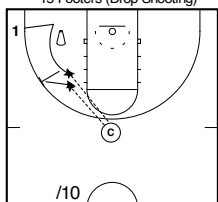
300 Shot Workout (Guards)
18. Shooting Drills
15 Footers (Post Feed Shooting)



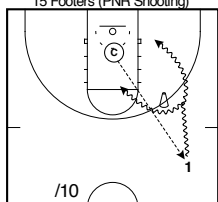
300 Shot Workout (Guards)
18. Shooting Drills
15 Footers (Drop Shooting)



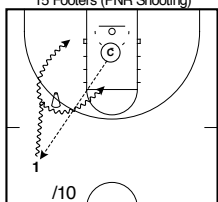
300 Shot Workout (Guards)
18. Shooting Drills
15 Footers (Drop Shooting)



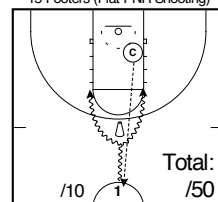
300 Shot Workout (Guards)
18. Shooting Drills
15 Footers (PNR Shooting)



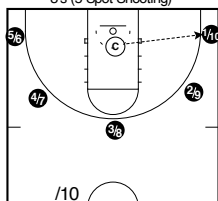
300 Shot Workout (Guards)
18. Shooting Drills
15 Footers (PNR Shooting)



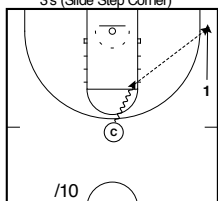
300 Shot Workout (Guards)
18. Shooting Drills
15 Footers (Flat PNR Shooting)



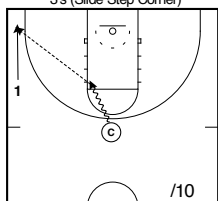
300 Shot Workout (Guards)
18. Shooting Drills
3's (5 Spot Shooting)



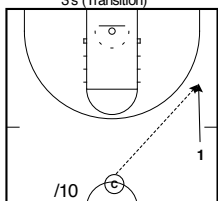
300 Shot Workout (Guards)
18. Shooting Drills
3's (Slide Step Corner)



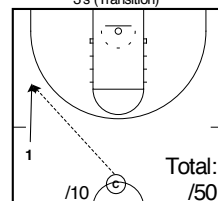
300 Shot Workout (Guards)
18. Shooting Drills
3's (Slide Step Corner)



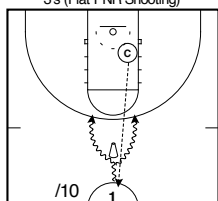
300 Shot Workout (Guards)
18. Shooting Drills
3's (Transition)



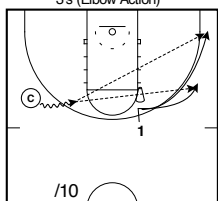
300 Shot Workout (Guards)
18. Shooting Drills
3's (Transition)



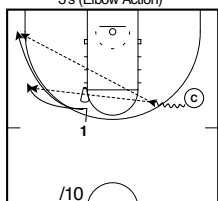
300 Shot Workout (Guards)
18. Shooting Drills
3's (Flat PNR Shooting)



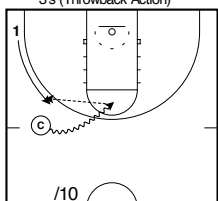
300 Shot Workout (Guards)
18. Shooting Drills
3's (Elbow Action)



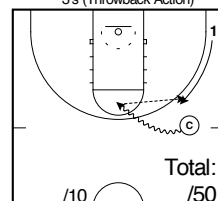
300 Shot Workout (Guards)
18. Shooting Drills
3's (Elbow Action)



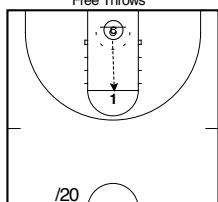
300 Shot Workout (Guards)
18. Shooting Drills
3's (Throwback Action)



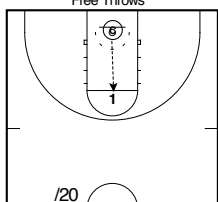
300 Shot Workout (Guards)
18. Shooting Drills
3's (Throwback Action)



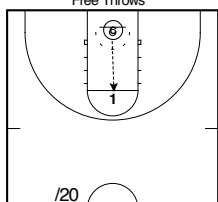
300 Shot Workout (Guards)
18. Shooting Drills
Free Throws



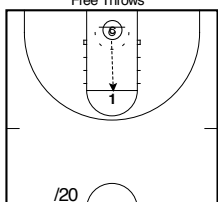
300 Shot Workout (Guards)
18. Shooting Drills
Free Throws



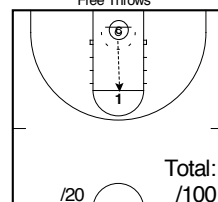
300 Shot Workout (Guards)
18. Shooting Drills
Free Throws



300 Shot Workout (Guards)
18. Shooting Drills
Free Throws

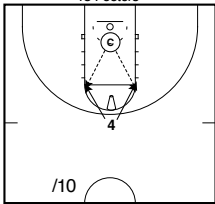


300 Shot Workout (Guards)
18. Shooting Drills
Free Throws



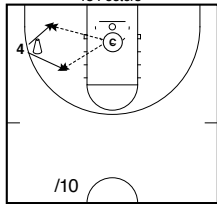
300 Shot Workout

300 Shot Workout (4's)
18. Shooting Drills
15 Footers



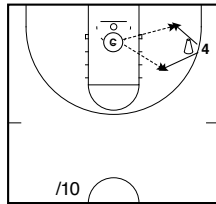
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300 Shot Workout (4's)
18. Shooting Drills
15 Footers



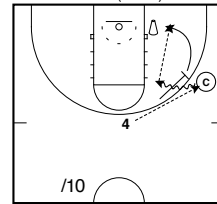
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300 Shot Workout (4's)
18. Shooting Drills
15 Footers



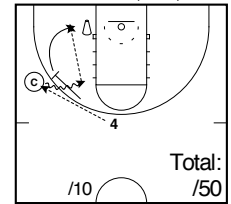
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300 Shot Workout (4's)
18. Shooting Drills
15 Footers (Follow)



/10

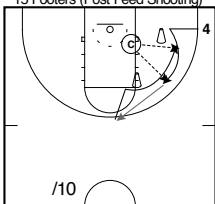
300 Shot Workout (4's)
18. Shooting Drills
15 Footers (Follow)



/10

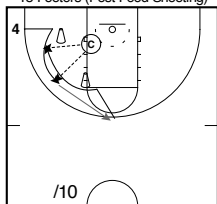
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300 Shot Workout (4's)
18. Shooting Drills
15 Footers (Post Feed Shooting)



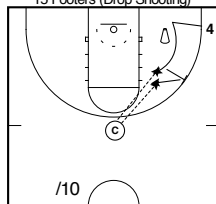
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300 Shot Workout (4's)
18. Shooting Drills
15 Footers (Post Feed Shooting)



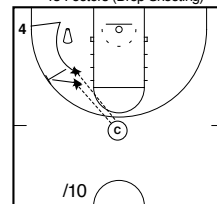
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300 Shot Workout (4's)
18. Shooting Drills
15 Footers (Drop Shooting)



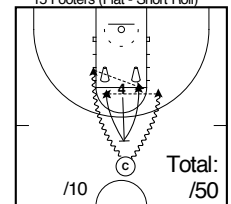
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300 Shot Workout (4's)
18. Shooting Drills
15 Footers (Drop Shooting)



/10

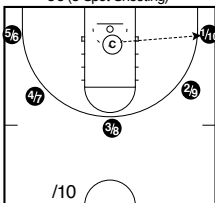
300 Shot Workout (4's)
18. Shooting Drills
15 Footers (Flat - Short Roll)



/10

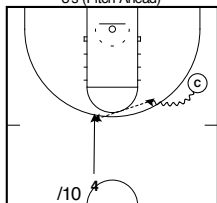
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300 Shot Workout (4's)
18. Shooting Drills
3's (5 Spot Shooting)



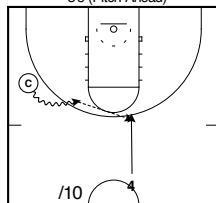
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300 Shot Workout (4's)
18. Shooting Drills
3's (Pitch Ahead)



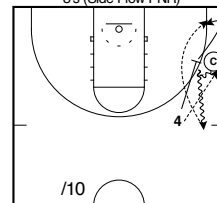
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300 Shot Workout (4's)
18. Shooting Drills
3's (Pitch Ahead)



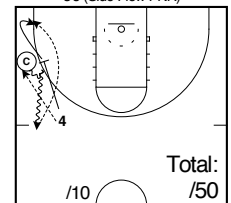
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300 Shot Workout (4's)
18. Shooting Drills
3's (Side Flow PNR)



/10

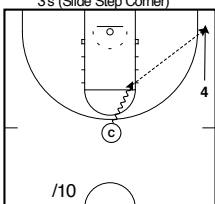
300 Shot Workout (4's)
18. Shooting Drills
3's (Side Flow PNR)



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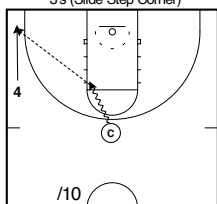
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300 Shot Workout (4's)
18. Shooting Drills
3's (Slide Step Corner)



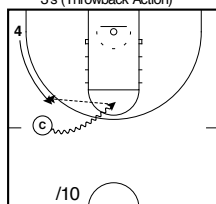
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300 Shot Workout (4's)
18. Shooting Drills
3's (Slide Step Corner)



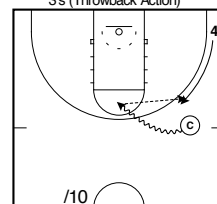
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300 Shot Workout (4's)
18. Shooting Drills
3's (Throwback Action)



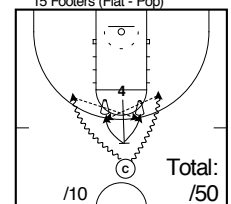
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300 Shot Workout (4's)
18. Shooting Drills
3's (Throwback Action)



/10

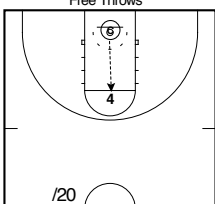
300 Shot Workout (4's)
18. Shooting Drills
15 Footers (Flat - Pop)



/10

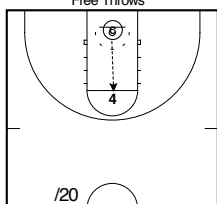
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300 Shot Workout (4's)
18. Shooting Drills
Free Throws



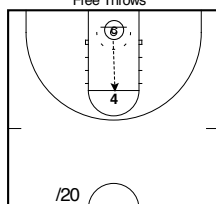
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300 Shot Workout (4's)
18. Shooting Drills
Free Throws



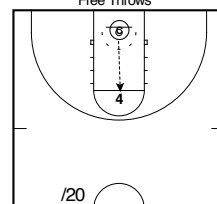
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300 Shot Workout (4's)
18. Shooting Drills
Free Throws



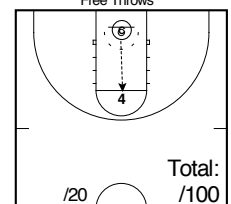
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300 Shot Workout (4's)
18. Shooting Drills
Free Throws



/20

300 Shot Workout (4's)
18. Shooting Drills
Free Throws

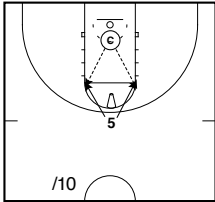


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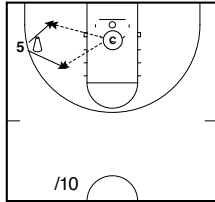
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300 Shot Workout

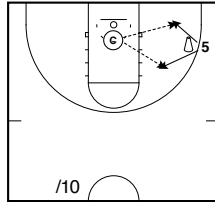
300 Shot Workout (5's)
18. Shooting Drills
15 Footers



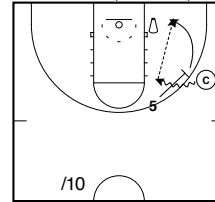
300 Shot Workout (5's)
18. Shooting Drills
15 Footers



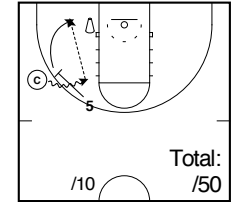
300 Shot Workout (5's)
18. Shooting Drills
15 Footers



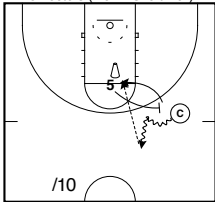
300 Shot Workout (5's)
18. Shooting Drills
15 Footers (Pitch Ahead)



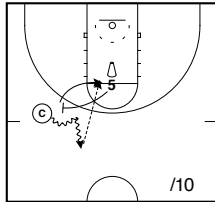
300 Shot Workout (5's)
18. Shooting Drills
15 Footers (Pitch Ahead)



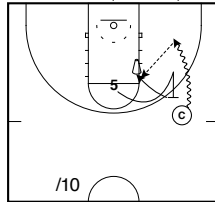
300 Shot Workout (5's)
18. Shooting Drills
15 Footers (Flow - Short Roll)



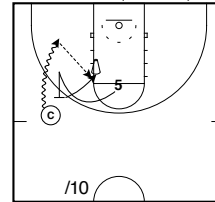
300 Shot Workout (5's)
18. Shooting Drills
15 Footers (Flow - Short Roll)



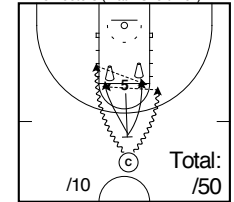
300 Shot Workout (5's)
18. Shooting Drills
15 Footers (PNR - Drift)



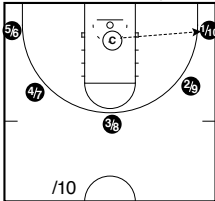
300 Shot Workout (5's)
18. Shooting Drills
15 Footers (PNR - Drift)



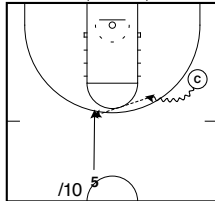
300 Shot Workout (5's)
18. Shooting Drills
15 Footers (Flat - Short Roll)



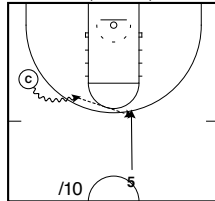
300 Shot Workout (5's)
18. Shooting Drills
3's (5 Spot Shooting)



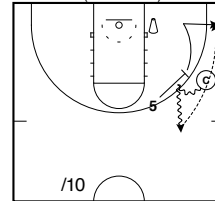
300 Shot Workout (5's)
18. Shooting Drills
3's (Transition)



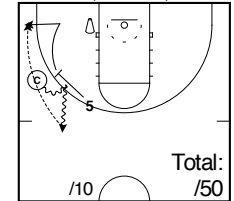
300 Shot Workout (5's)
18. Shooting Drills
3's (Transition)



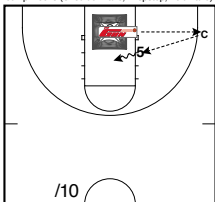
300 Shot Workout (5's)
18. Shooting Drills
3's (Pitch Ahead)



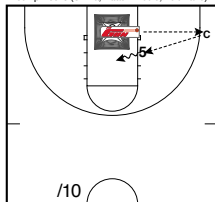
300 Shot Workout (5's)
18. Shooting Drills
3's (Pitch Ahead)



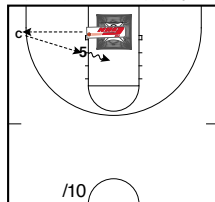
300 Shot Workout (5's)
18. Shooting Drills
Jump Hooks (Shoulder Fake, Dropstep, Left Hand)



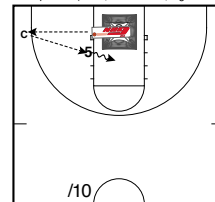
300 Shot Workout (5's)
18. Shooting Drills
Jump Hooks (Sikma, Attack Middle, Left Hand)



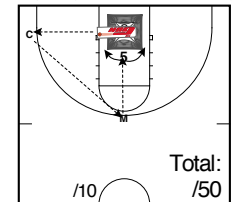
300 Shot Workout (5's)
18. Shooting Drills
Jump Hooks (Shoulder Fake, Dropstep, Right Hand)



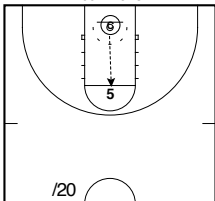
300 Shot Workout (5's)
18. Shooting Drills
Jump Hooks (Sikma, Attack Middle, Right Hand)



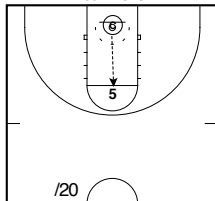
300 Shot Workout (5's)
18. Shooting Drills
Jump Hooks (Shoulder Fake, Front Pivot, All Hands)



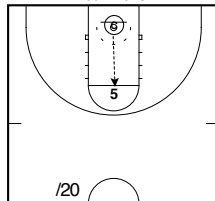
300 Shot Workout (5's)
18. Shooting Drills
Free Throws



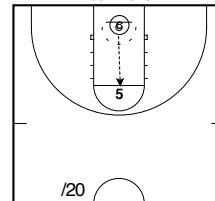
300 Shot Workout (5's)
18. Shooting Drills
Free Throws



300 Shot Workout (5's)
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300 Shot Workout (5's)
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