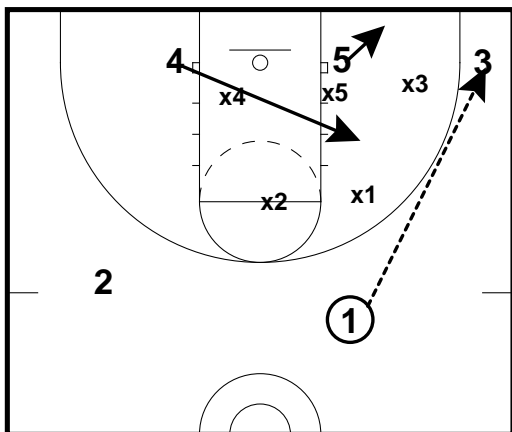


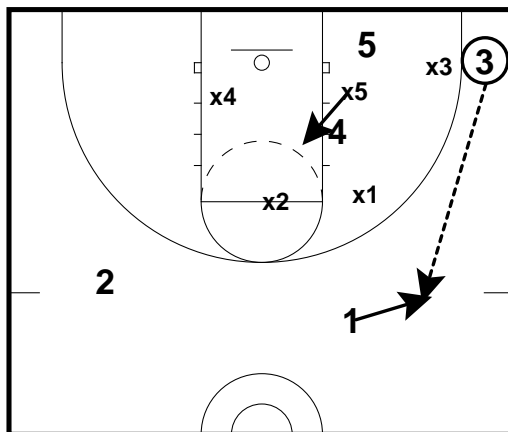
Coaching Clinic

"40"
Zone Series



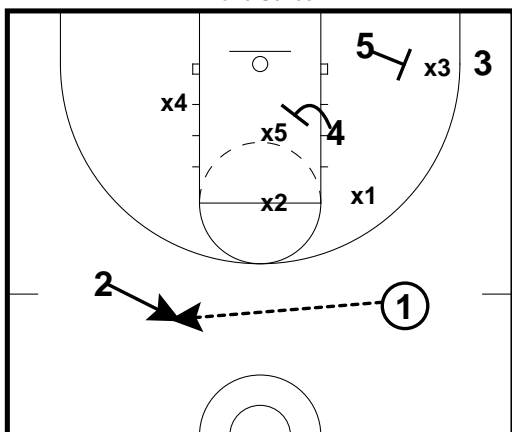
"40" looking to throw backdoor lob to the 3 man. Must start with feeding the 3 man to make low forward guard him. 5 sets to a deep step off position and 4 comes across the lane for low X position at he second hash mark.

"40"
Zone Series



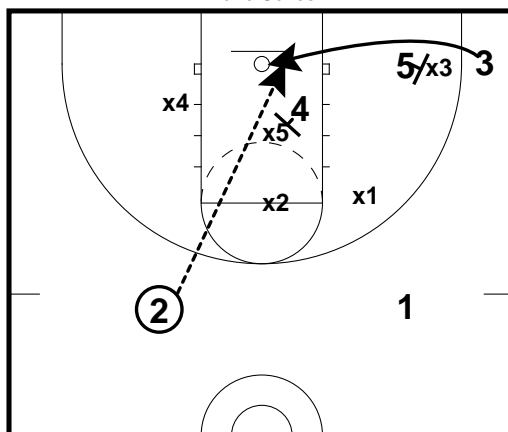
3 will now reverse the ball quickly to the 1 to set up the action, causing the defense to shift.

"40"
Zone Series



Quickly the ball is rotated to the 2 Man, causing the X5 and X4 defenders to shift some more. As this happens the 5 backscreens the X3 defender and the 4 circles under and screens the X5 defender to set up the lob.

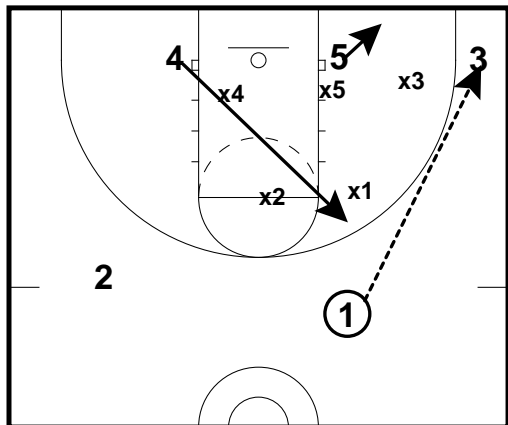
"40"
Zone Series



2 throws lob to 3 for the basket.

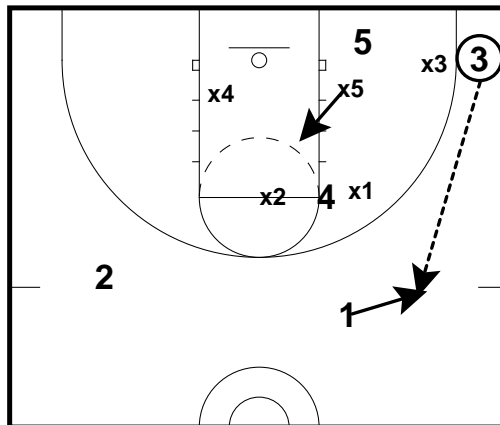
Coaching Clinic

"41"
Zone Series



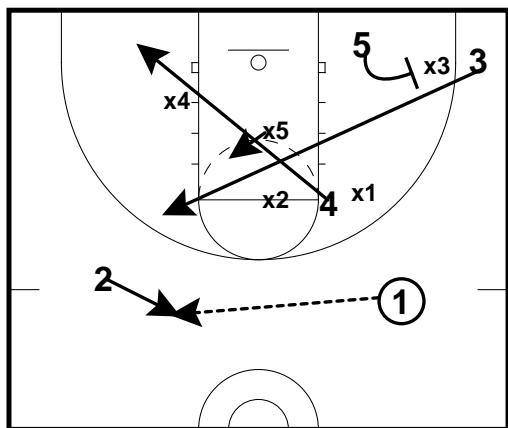
"41" looking to throw backdoor lob to the 5 man. Must start with feeding the 3 man to make low forward guard him. 5 sets to a deep step off position and 4 comes across the lane for high X position.

"41"
Zone Series



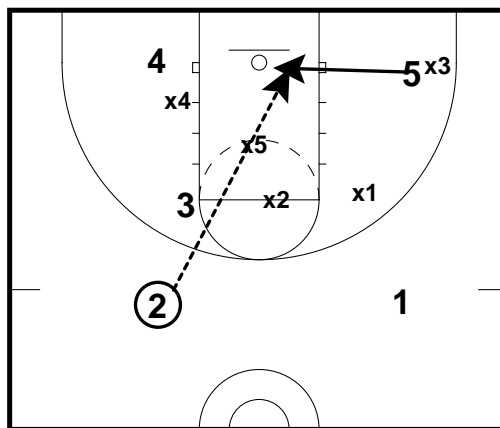
3 will now reverse the ball quickly to the 1 to set up the action, causing the defense to shift.

"41"
Zone Series



Quickly the ball is rotated to the 2 Man, causing the X5 and X4 defenders to shift some more. 4 Man Dives hard to the short corner. The 5 Sets Flex screen for the 3, who will cut hard to the high X Spot.

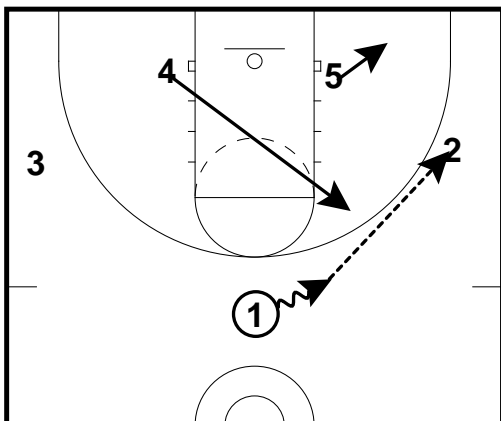
"41"
Zone Series



5 Man seals the 3 and rolls the basket. 2 hits 5 for lob pass.

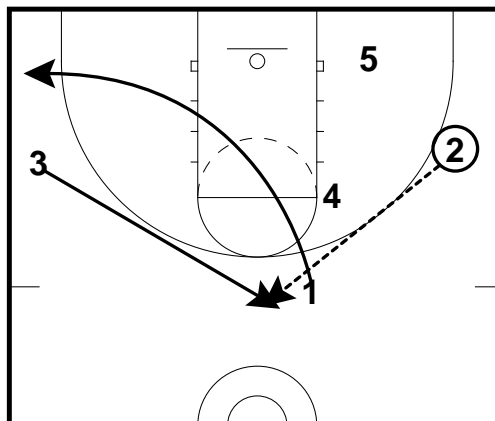
Coaching Clinic

"Power"
Zone Series



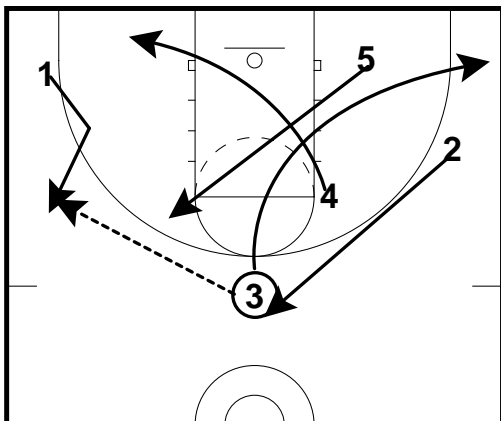
Against 2 Guard Front, we want to go with "Indiana". Action begins by the 1 attacking a side, so top guard has to guard him. He then kicks to the wing, drawing the defensive forward out. The low forward goes short corner and opposite forward flashes hard to the high post.

"Power"
Zone Series



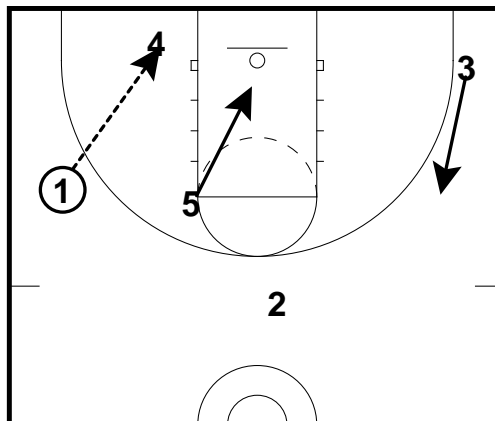
On the pass to the wing. The 1 pipe cuts and emptied out to weakside. 3 automatically fills to the top of the key. If neither forward is open, then ball is reversed back to the top to the 3.

"Power"
Zone Series



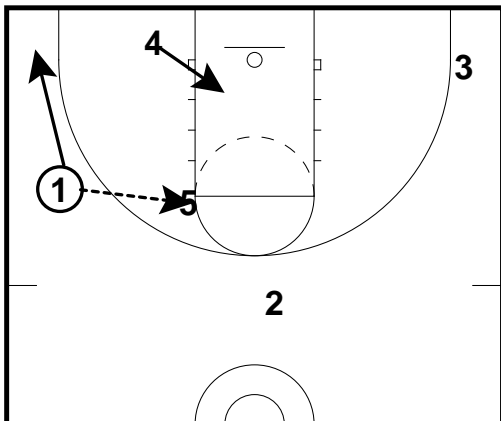
The 1 works himself open on the wing and the ball is reversed to him. 4 and 5 "X" in the middle of the floor, with the 4 working behind the zone to get open in short corner. 3 pipe cuts and empties out. 2 fills to the top.

"Power"
Zone Series



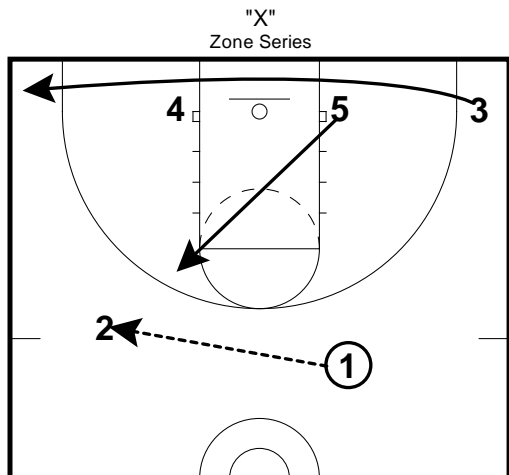
If the 1 feeds the 4 then 5 cuts to front of the rim. The 3 elevates to an area where the 4 can see him and skip the ball.

"Power"
Zone Series

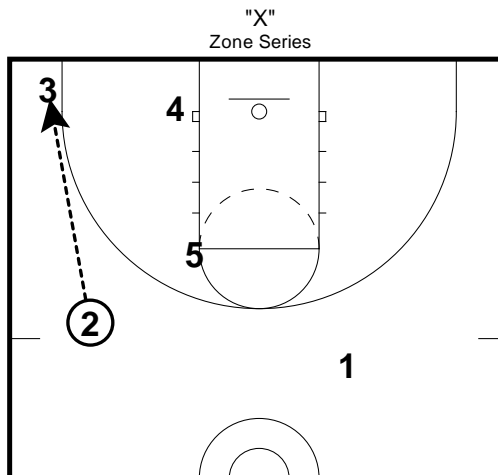


If the ball goes to the 5, the 4 ducks into lane. If he is not open. The second look is across the lane to the 3 man. Lastly, if we have to come back strong side. The 1 has to drop down to corner.

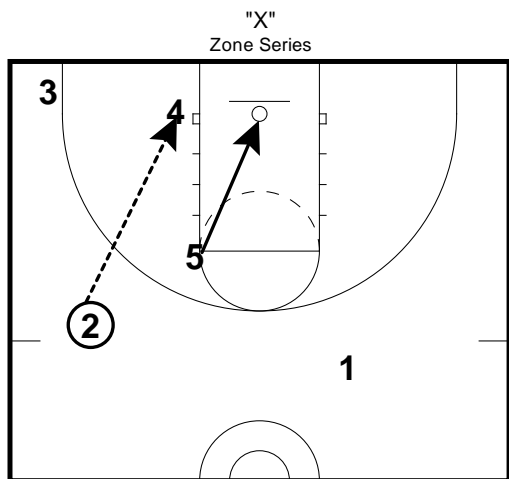
Coaching Clinic



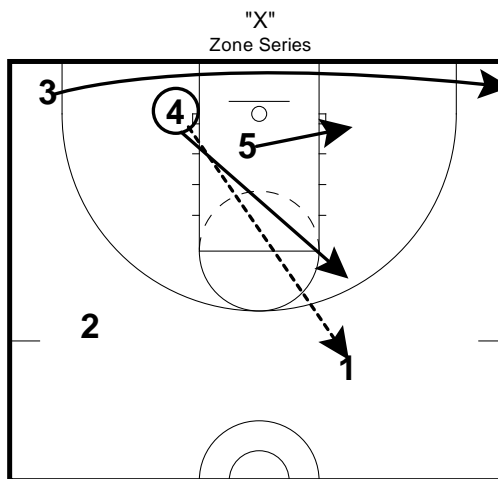
In "X", we want use this against an odd man front (ie 1-2-2 or 1-3-1). We start with 2 guard offensive front and we get the other 3 players flat on the baseline. When the ball gets reversed to the 2, 5 man flashes to high post. 3 is the runner and runs to opposite corner for the overload.



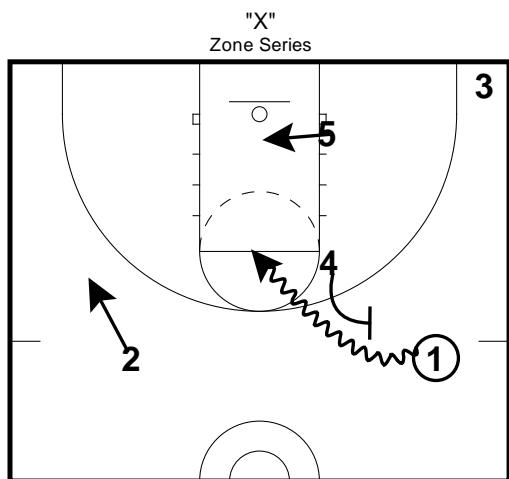
With the overload, we need to make sure the corner touch the ball to collapse the defense.



If we can't feed the corner, we want to feed low forward. Anytime, we feed the low forward, the opposite forward dives directly to the rim.



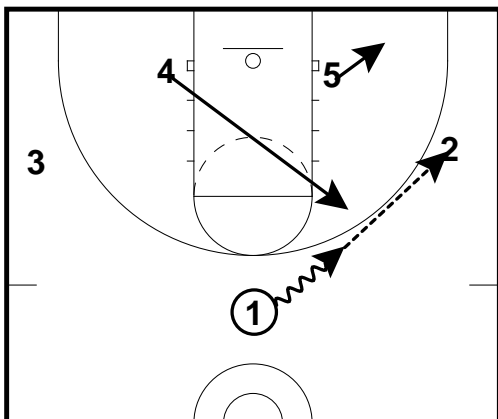
If we can not hit the dive man, we want skip to opposite guard, causing "X" action to happen again and the runner to sprint again to opposite corner.



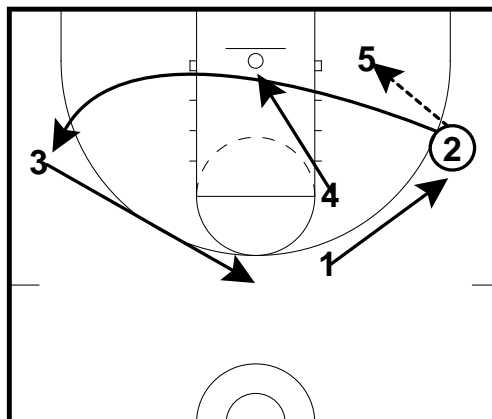
Great option after the skip is for the 4 to continue coming forward and play screen and roll with the 1, 2 spaces and the 5 shapes up.

Coaching Clinic

"Indiana"
Zone Series



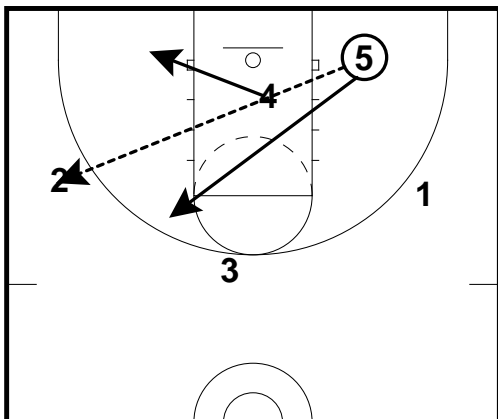
"Indiana"
Zone Series



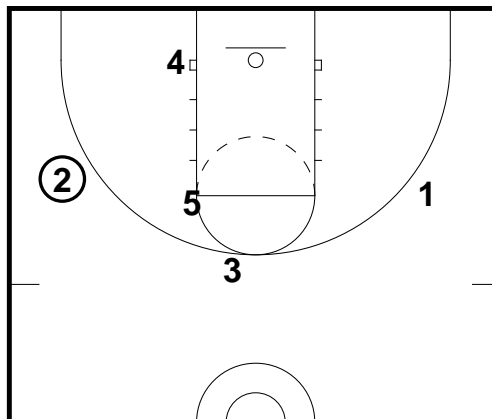
Against 2 Guard Front, we want to go with "Indiana". Action begins by the 1 attacking a side, so top guard has to guard him. He then kicks to the wing, drawing the defensive forward out. The low forward goes short corner and opposite forward flashes hard to the high post.

We want to hit the low forward on the baseline, collapsing the defense. Immediately the 2 cuts through and then the 4 dives to the basket, both looking for the ball. 1 and 3 rotate, on position over.

"Indiana"
Zone Series



"Indiana"
Zone Series

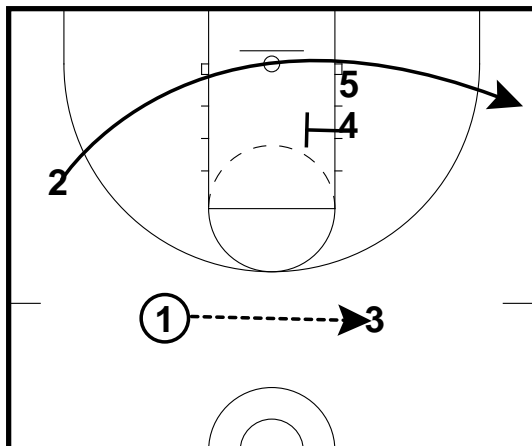


5 should look hit 4 on the dive or look to skip the ball to the 3 or 2 across the court. If reversed the 4 and 5 will "X" to the other side of the floor.

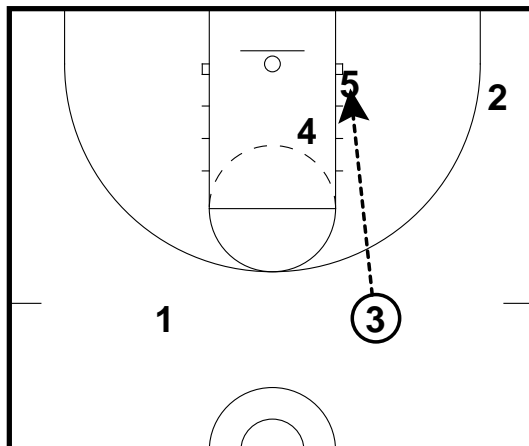
Action repeats.

Coaching Clinic

Monarch
Zone Series



Monarch
Zone Series

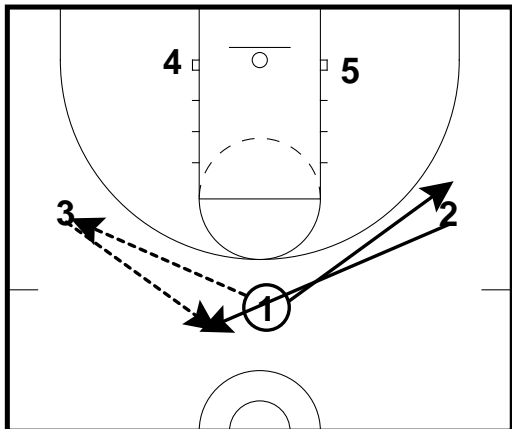


1=#34, 2=#5, 3=#3, 4=#41 & 5=#11. Zone play, Ball reversed to 3.
2 cuts to strong corner. 4 sets screen on the middle of the zone.

Want to feed the 5 directly from the top for a bucket.

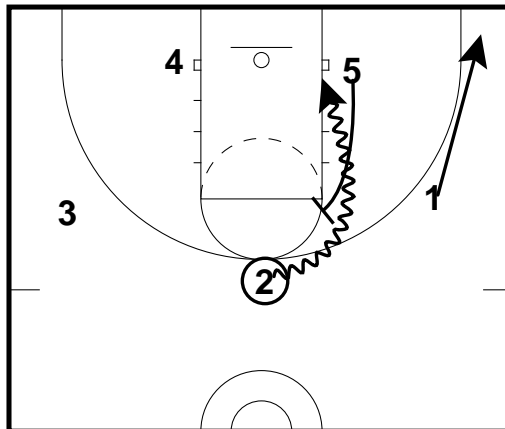
Coaching Clinic

Special 1
Zone Series



Special Series is run for a specific player. In this case, we are running for the 2. We will pass opposite the player and exchange. Then the throw the ball back to the top.

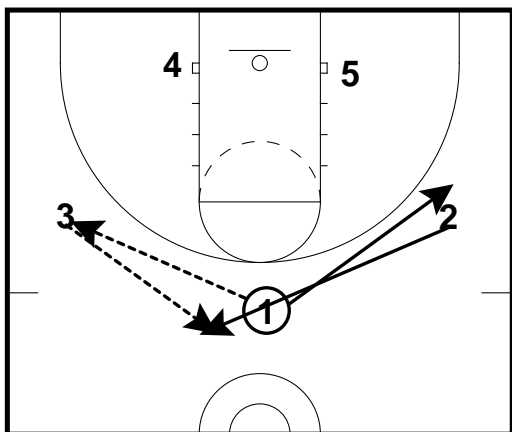
Special 1
Zone Series



Once the man is up top, the ball is reversed back to him. Immediately, the low forward opposite from where the ball came from will set a ball screen on the outside of the zone and the 1 will drop to the corner.

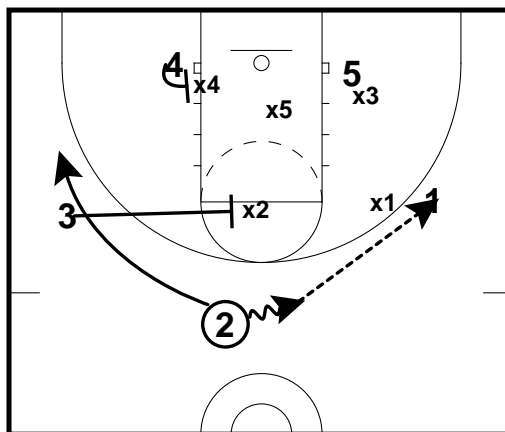
Coaching Clinic

Special 2
Zone Series



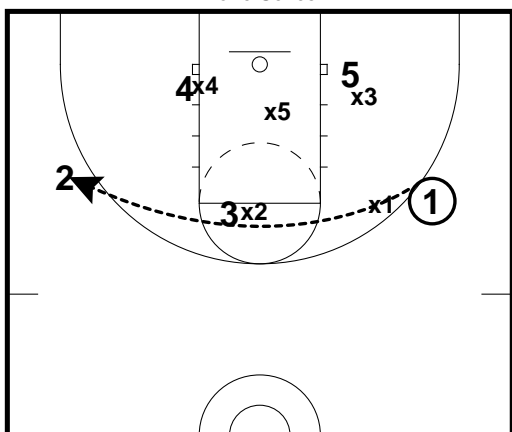
Special Series is run for a specific player. In this case, we are running for the 2. We will pass opposite the player and exchange. Then the throw the ball back to the top.

Special 2
Zone Series



2 dribbles slightly to get the defense to shift. He reverse the ball to the 1 to get defense to shift some more. After the pass is made, the 3 and 4 screen the back side of the zone. 2 flares for a skip pass and a 3.

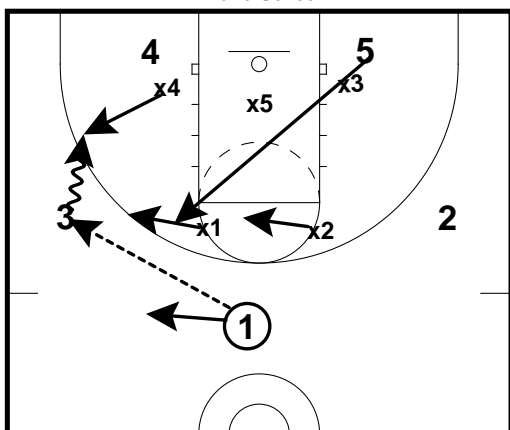
Special 2
Zone Series



Shot for the 2.

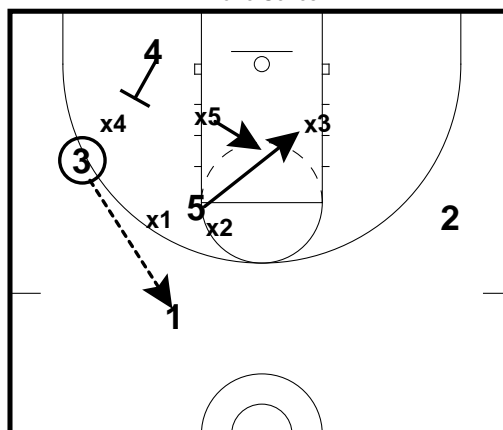
Coaching Clinic

Special 3
Zone Series



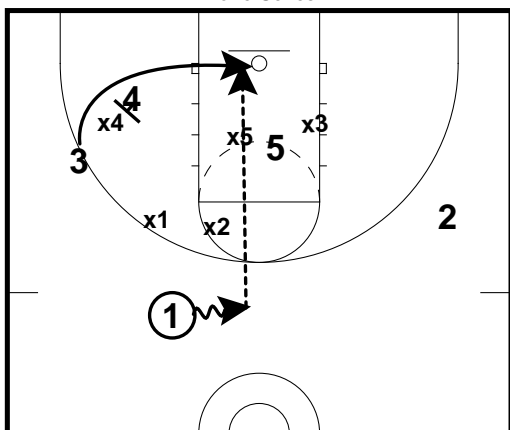
We are trying to set up a lob for the 3. Action begins with the ball entered into the 3. His job is cause the low forward on his side to guard him. 1 slides over to guard him. 5 Man cuts hard to high elbow spot.

Special 3
Zone Series



On ball reversal out of to the 1, the 5 dives hard across the lane to occupy the X5 Defender. 4 sets a back screen on the X4 defender.

Special 3
Zone Series



1 man dribbles 1 or 2 bounces for timing and throws a lob pass to the 3 for a basket.